

Oregon State Univeristy
Baseball Program

Infield Combination Ground Balls

Round One:

Ss: 6 hole
3b-2b-1b: double play

Round Two:

3b: back hand plant and throw
ss-2b-1b: double play

Round Three:

3b: slow roller
2b-ss-1b: double play

Round Four:

3b-2b: Ground Balls (no throw)
1b-ss-1b: double play

Double Fungo

Round One:

3b-SS-1b 5-3, 6-3
2b-1b-P 4-3, 3-1

Round Two:

p-c-2b Pitcher throws home, catcher throws to 2b
3b-ss 5-3, 6-3: 6-hole ground ball, communication

Round Three:

p-c-3b Pitcher throws home, catcher throws to 3b
p-c-3b Bunt down 3b line, communication throw to 1b
ss-2b-1b 6-4-3 double play

Round Four:

p-c-1b Pitcher throws home, catcher back doors at 1b
p-c-3b Drag bunt down 3b line, communication throw to 1b
2b-ss-1b 4-6-3 double play

Round Five:

p-c-1b 1-2-3 double play
3b-ss-2b-1b 6-4-3 & 5-4-3 double plays (hit in 6 hole-communicate)

Round Six:

p-c-2b-ss-1b 1-4-3; 1-6-3 double plays
5-3 3b backhand plant and throw to 1b

Round Seven:

p-c-1b 3-6-1 double play
3b 5-4-3 double play

Infield Progression Drills – Square It Up

Round One:	two knee
Round Two:	no glove
Round Three:	paddle
Round Four:	glove/no hand
Round Five:	ball at you
Round Six:	ball glove side
Round Seven:	back hand
Round Eight:	slow rollers