Outfield Play

Team Drill

Kamikaze Fly Ball Drill

Purpose: OF getting proper jumps, routes, and hitting cuts. (mass amounts of fly balls in a short time period)

(three coaches hitting fly balls)

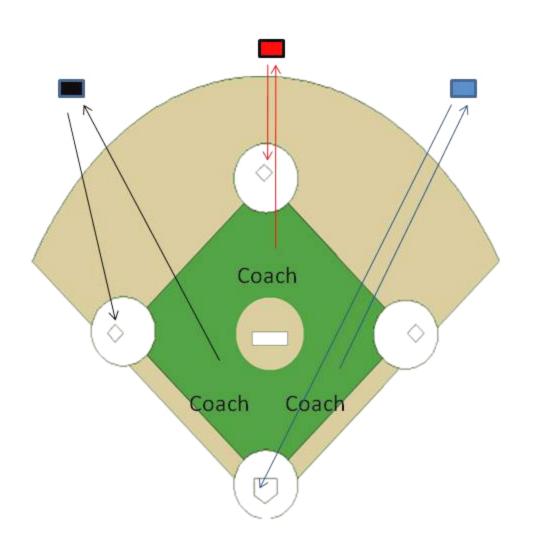
Phase I: CF-2b, RF-home, LF-3B

Phase II: CF-3b, RF-2B, LF-home

Phase III: CF-home, RF-3b, LF-2B

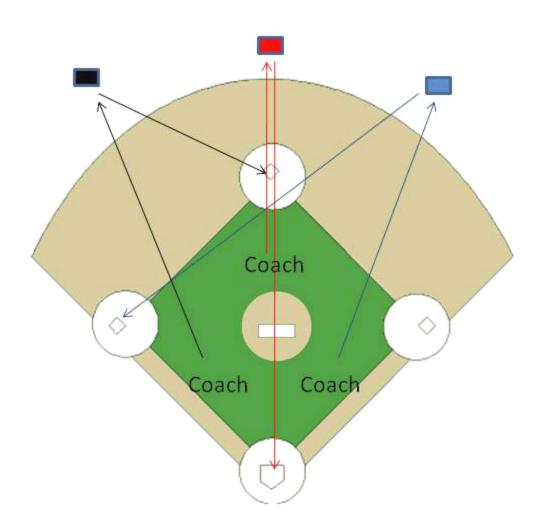
"Luck is where preparation meets opportunity."

Part One



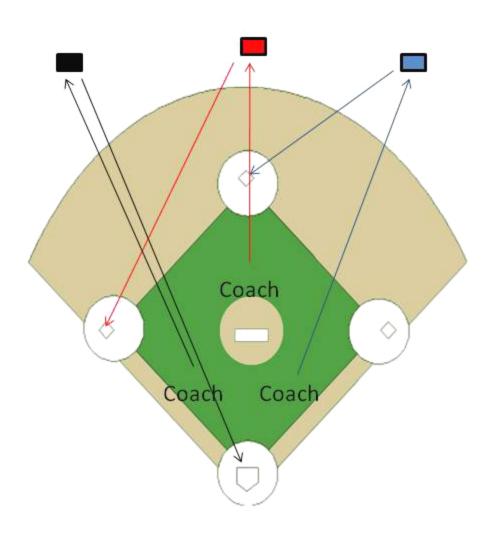
- Red: CF throws to second with no cutoff, 2B at bag
- Blue: RF throws to home plate, 1B cutoff, C communicate
- Black: LF throws to third, SS cutoff

Part Two



- Red: CF throws to home plate, 1B cutoff, C communicate
- Blue: RF throws to third, SS cutoff,
- Black: LF throws to second, no cutoff

Part Three



- Red: CF throws to third , SS cutoff
- Blue: RF throws to second, no cutoff
- Black: LF throws to home plate, 3B cutoff, C communicate